

## The SASSy Guide to Clean Wine

It's a fact: everyone prefers to wine made with grapes! Unfortunately, finding local wine made with organic can be difficult as only 3% of Sonoma County grapes are organic. Fortunately, there are many world-class and non-toxic wines to be found for those with these insider tips:

- 1. Wines that are "certified organic", "certified biodynamic", or labeled "made with organic grapes" are always grown without pesticides.
- 2. Wines that are only "certified sustainable" are often NOT often a good choice. Most of these wines are made with conventional grapes that have been sprayed with dozens of synthetic pesticides (herbicides, insecticides, fungicides, etc.)
- 3. Wines made with organic grapes can be produced with conventional winemaking practices. Sulfites and other chemicals are restricted in "certified organic" wines. Natural wines are not always made with organic grapes.
- 4. Many wines made with organic grapes are not labeled. You can generally trust a winery/winemaker to provide correct information. Do not rely on what a grocery store or restaurant says; they often believe "sustainable" and "organic" are the same.
- 5. Many vineyards grow their estate (local) grapes organically but also purchase nonorganic grapes. If a bottle isn't labeled as "made with organic grapes", ask the winery if it was made with the organic grapes.
- 6. Check out **Organic Wines Uncorked** (<a href="http://winecountrygeographic.blogspot.com">https://organicallysonoma.com</a>) for more well researched, independent information on organically grown grapes in Sonoma County.
- 7. Ready for some wine? Check out our short-list of trusted local businesses for a glass you can feel good about. Some of these vineyards also make wines from purchased non-organic grapes so be sure to stick to the **estate-grown wines**.

Littorai	Davero Farms and Winery
Wild Hog Vineyard	Coteau
Porter Creek	Horse and Plow
Quivara	Old World Winery
Preston Vineyards	Truett-Hurst
Russian River Vineyards	Ridge Vineyards
Eco Terreno	DeLoach
Front Porch Farm	Arnot-Roberts
Benziger	Unti Vineyards